

## Disability Awareness & Free Medical Camps in Korogocho Slum.

Korogocho is one of the largest slum neighbourhoods of Nairobi, Kenya. Home to 150,000 to 200,000 people squeezed into 1.5 square kilometres. It is overcrowded, with poor infrastructure, few resources and close proximity to the dump. Healthcare services are very poor and crime rates are high, hence security is an issue.

Majority of homes that have children with disability are headed by single parenting mothers and most of them usually cannot afford to take their children to the hospitals or clinics for immunizations or treatment. The rate of disability among the children is high. People with disability are always largely stigmatised and looked down upon by the larger community. Some communities consider disability as a curse, hence some children with severe disability are hidden in homes. Our main focus is therefore discovering those hidden children with disabilities through disability awareness activities such as free medical camps, streets clean up and garbage collection.

DPA works closely with local Korogocho parents of children with disability who occasionally go round knocking door to door in the slum looking for hidden children with disability. The parents of the hidden children are encouraged to bring them at the free medical camps for free assessment and possible treatment or referral to major hospitals in Nairobi. The free medical camps are organized to provide health services not only to children with disability but also to the general slum community. Free medical camp is a great strategy of reaching the neediest people in the slums. The medical camps create an environment where the underprivileged community gets sensitized about various health issues. Hundreds of poor people in the slum attend the free health camp per day.

### Common medication prescribed and given free at the medical camps are:

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| <b>Antibiotics</b><br>Amoxycillin 250MG<br>Ciprofloxacin tabs 500MG<br>Chloramphenicol suspension 125MG / 5ML<br>Ampicillin / cloxacillin 90 MG / 0.6ML<br>Co-trimoxazole tabs 800 / 160 MG<br>Erythromycin powder oral suspension 125MG<br>Co-trimoxazole suspension 50ML<br>Azithromycin tabs 500MG<br>Metronidazole 200MG / 5ML<br>Doxycycline 500mg | <b>Analgesics</b><br>Paracetamol 500MG<br>Brufen tabs 200 MG<br>Buferin 60ml<br>Brufen tabs 400 MG<br>Diclofenac tabs 50 MG<br>Paracetamol suspension (kids) 120 MG / 5ML<br><br><b>Antihistamine</b><br>Cetirizine tablets 10 MG<br>Chlorphenamine (piriton) tabs 4MG<br>Cetirizine oral solution 60 ML   |
| <b>Topical medications</b><br>Betamethasone cream 'dewavate' (corticosteroid)<br>clotrimazole cream (anti-fungal)<br>Diclofenac gel (pain killer)<br>Nauma pain balm (pain killer)<br>Tetracycline eye ointment<br>Burnazine crème (burns treatment)<br>Dawa-cort (Hydrocortisone crème)<br>Bulkot antifungal<br>Zinc                                   | <b>Other Medication</b><br>Dawa Vite' multi vitamin for child 100ML<br>Multi vitamin tab<br>salbutamol syrup 2MG / 5ML for child (Asthma)<br>salbutamol tabs 4 MG for adults (Asthma)<br>Ferrous sulphate tabs 200 MG (Iron supplement)<br>Magnesium trisilicate tabs<br>Folic acid tabs 5 MG (Iron supplement)<br>Prednisolone tabs 5MG (corticosteroid anti-inflammatory)<br>Nystatin oral suspension (oral anti-fungal) |

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| Nogluc 5mg - Diabetis<br>Enapril 10 mg - BP<br>Amitriptyline hydrochloride 25mg<br>Ciproflaxacine 500mg<br>Fluconazole 200 mg<br>Fluxacilin 500mg<br>Hydrochlorothiazide (HCTZ) 50 mg<br>Benzhexol 5mg<br>Ciprofloxacin eye/ear drop<br>Gentamycin eye/ear drop<br>Ascorbic Acid 200mg<br>Nalidixic Acid 500mg<br>Albendazole 400 MG<br>Albendazole 20ml<br>Phenobarbital 200 mg<br>Metronidazole 200 mg<br>Reagent strip (urinalysis)<br>canazole<br>Hycin -60 ml<br>Nasal spray suspension<br>Anti biotic ointment | antibiotic)<br>ORS solution sachet (rehydration)<br>Pregnancy test kits<br>Grisofulvin 250 MG (anti-fungal)<br>Griseofulvin 500 MG (anti-fungal)<br>Antacid suspension (heart burn / ulcer)<br>Probeta N (Eye / Ear drops)<br>Carditah 50MG for BP<br>Nitrofurantoin 100MG<br>Omeprazole 200mg<br><br><b>Equipment used</b><br>Examination latex gloves<br>Yellow/Blue surgical gowns<br>Bandages<br>Alcohol swabs<br>Batteries DTR machine<br>Thermometer digital<br>thermometer analogue<br>Malaria testing kits<br>Gauze normal size<br>Patient cards<br>Small scissors<br>Blood Sugar testing strips/machine<br>Chlorhexidine 0.5%<br>Sodium chloride for irrigation<br>Hydrogen peroxide for wound dressing<br>BP Machine digital<br>BP Machine<br>Baby Weighing scale<br>Telescope<br>Anti-bacteria infectant<br>Loose gloves size 7<br>Weighing scale (standing)<br>Transparent box<br>Black big bag |
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We appeal for well-wishers to support us for more Free Medical Camps.

### **Garbage collection and clean - up in the slums**

DPA organises the community for clean-up activities and garbage collection alongside door knocking, looking for hidden children with disability. These activities leave a big mark by creating awareness about children with disabilities in the area. The impact of the clean-up and the positive environmental outcome greatly contribute to improving community attitude towards children living with disability. The community is able to appreciate and valuing the presence of a child with disability among them through receiving free-for-all medical camp, clean-up of dirty trenches around their homes and removal of garbage that keep pilling around. The three activities are used for community awareness on disability and as a great entry point for DPA to work with more children with disability in Korogocho slum.